



Haryana Skill
Development Mission



CERTIFICATION IN DOMESTIC WORKERS COURSE OF ELDERLY CARE TAKER (NON-CLINIC) (DWC/Q0801)

Industry overview

Ageing in India is exponentially increasing due to the impressive gains that society has made in terms of increased life expectancy. With the rise in elderly population, is estimated to grow from 92 million in 2010 to 159 million in 2025. Industry based survey indicates, that there has been a growing demand of the elderly care takers, probably as much as the Maids/ General Housekeeper. More and more of the market is seeking professional approach to the elderly caretaking. In addition, the splintering of the joint families, increasing female labour force participation rates (FLFPRs) and dual wage earning families have caused increasing demand of the elderly Caretakers.



About the Program

This Program is about assisting the elderly person who are partly self-sufficient or non-self sufficient with the tasks of daily hygiene and dressing/undressing, with preparing food and consuming food and drink, taking into account the elderly person's taste, nutritional and dietary requirements etc. in order to ensure that elderly person has healthy meals that meet needs and preferences. Further it also covers the ways to support the elderly person in cleaning, sanitizing, and tidying up rooms and paying careful attention to safety and security for oneself and the elderly person in order for the latter to live in cozy, clean, safe, and well-organized environments. Modules related to maintaining adequate relations with the elderly person, having regular positive interactions with the family and friends and being involved in several social networks are also covered.

Course Duration

200 hrs




Who should attend it?

Minimum Qualification: 5th Standard
Maximum Qualification: Not Mandatory
Minimum Age: 18 Years

Career Opportunities

There are substantial avenues for the elderly care takers to raise themselves to Supervisors, or Managers in this sector. In addition to the Households, there are different jobs that he/ she can apply for Old Age Homes/ Special needs Care Home, as well as in other sectors, essentially the Health Care Sector, say as General Duty Assistant, Home Health Aide, Diabetes Educator, Diet Assistant, and Patient Relation Associate, essentially in Hospitals and Wellness Clubs/ organisations.



CERTIFICATION IN DOMESTIC WORKERS COURSE OF HOUSE KEEPER CUM COOK (DWC/Q01010)

Industry overview

Due to the splintering of joint families, increasing female labour force participation rates (FLFPRs) dual wage earning families, there is a substantial growth in the society for Housekeeper cum Cook. As per the statistics, there is an employment base of approx. 10 million Housekeeper cum cooks. Increase in demand is factored in rate of growth of population, and rate of economic growth in our society. Towards this end, there shall always be a job in this sector.



About the Program

This program is about carrying out basic housekeeping services which involves the cleaning of the house and kitchen including handling its equipment, carrying out laundry activity appropriately according to their type and maintaining cleanliness along with making of the bed. Training also covers cleaning and maintaining the kitchen and supplying basic household stuff for the kitchen, carrying out cooking, preparation and storage of food, preparation and setting up the table and creating hospitable environment throughout. In addition to this Modules related to basic health & safety at the workplace and to maintain a good relationship with the client, ways to maintain effective communication, cultural differences and interpersonal relations with the employer and about managing self at the work place, finance for the usual house hold work and dignity as well as respect are also covered in the programme.

Course Duration

200 hrs

Who should attend it?

Minimum Qualification: 5th Standard

Career Opportunities

Housekeeper cum Cook is initiated into the two most sought after skills in Domestic Sector. As one progresses, there are sufficient options in Domestic as well as Tourism and Hospitality sector for these skills. Some are Cafeteria Supervisor, Pastry Chef (THC/Q2708), Multi-Cuisine Cook, Street Food Vendor, Snack & Savoury Maker, Craft Baker Home Cook, Front Office Associate, Counter Sale Executive, Front Desk Officer, Room Attendant, Housekeeping Manager/ Executive/ Supervisor.

Point of Contact
www.hsdm.org.in

